

MARCH TIDINGS

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March 2025

A Reflection from Your Priest-in-Charge

Holy Trinity Episcopal Church

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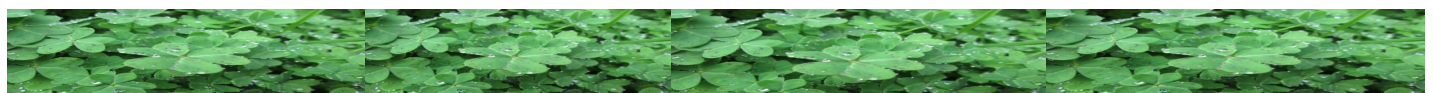
Beloved Siblings in Christ,

As I write this article, I'm currently riding an Amtrak train, on my way back from a week-long visit in Annapolis, Maryland. The purpose of the trip was to spend time with two of my best friends from college, Kristen and Pat as well as their three-year-old daughter Taylor. It has been our tradition to take turns visiting one another, alternating between Massachusetts and Maryland. It was a deeply renewing visit, one that presented several different opportunities including brunch in downtown Annapolis, dinner in Washington D.C, joining a protest against the war in Ukraine at the Lincoln memorial, sleeping in, walking through downtown Annapolis in the first mild weather of the year, and rewatching season 2 of the Rings of Power with Pat. In short, was a wonderfully holy and sacred time of rest and renewed friendships.

As we prepare to enter a new season in the church year, with lent "barreling down the tracks" I have been contemplating what new practices might be worth adding in to my day-to-day routine this year. While Lent has often been understood as a season where one gives something up, I think adding

a new practice might prove to be a little more beneficial, particularly practices are that are focused on rest. This is particularly important during these days when we are being bombarded with heart breaking news on a near constant basis. It can be enough to make the soul weary. As disciples we are called to respond to the heartbreak of the world, but can't engage in that work if we are worn down and broken. It can be so easy to get burned out in today's world, so easy to fill our calendars with endless commitments. So, in the midst of a challenging world and busy schedules, be intentional about finding rest and taking care of yourself. As we enter this season of Lent perhaps this is the year you add such a practice, instead of taking something away. Take a walk, try some yoga, take a trip, do whatever it is that will refill your cup. After all, even the prophet Elijah was called by God to lay down, sleep and eat.

Peace and blessings,
Pastor Dan





SHROVE TUESDAY

Shrove Tuesday Pancake Supper



Any help between 4-8pm with setup, cooking, or cleanup is greatly appreciated.

Free will Donation

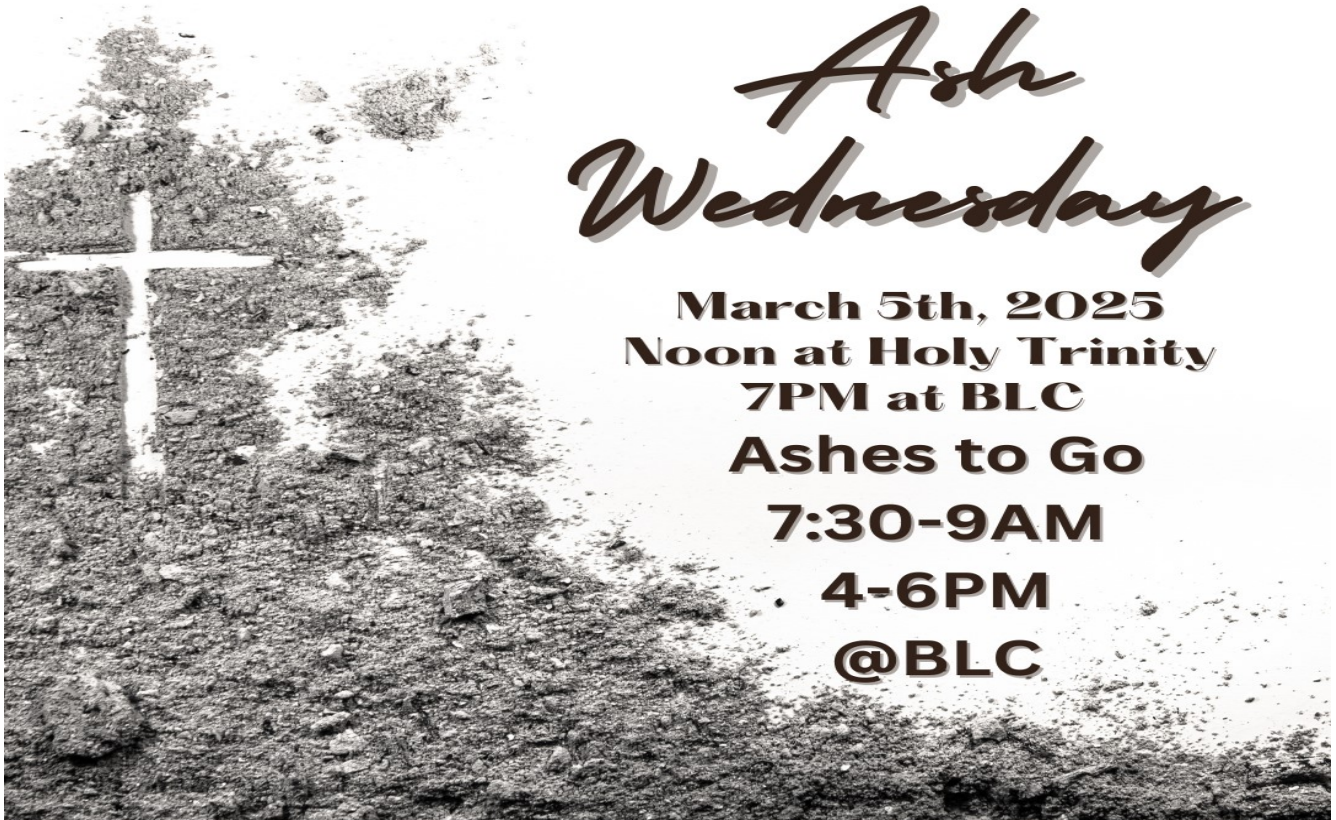
All are invited to the

**Shrove Tuesday/Mardi Gras
Pancake Supper**

**Tuesday, March 4, 2025
5:00 p.m**

In the undercroft (Downstairs)

**Homemade Pancakes, Sausage,
Juice, Milk, Coffee, and Tea**



Ash Wednesday

**March 5th, 2025
Noon at Holy Trinity**

7PM at BLC

Ashes to Go

7:30-9AM

4-6PM

@BLC



Our March donations will go the Bridge Fridge
in Southbridge.

A message from our Music Director

**Choir rehearsal will begin on
Thursday March 6 at 4:00PM
and we will be meeting weekly,
time and health permitting.**

**Blessings,
Anne**



- 1—John Grant
- 2—Susan Grant
- 4— Cat Reith-Lowery
- 4— Sue Smith
- 7—Laura Gervais
- 8— Bethany Reith-Lowery
- 9 – Jack Burns
- 9— Bridgette Bachand
- 10 – Benjamin Normandin
- 12—Abigail Bullard
- 16— Lynn Garland
- 28— June Mosher
- 31—Christopher Ballou

**The Chosen:
Tuesday, March 11 5:30 PM
At Holy Trinity
Join us!**

Daylight Savings Begins



Sunday, March 9th
Remember to turn your clocks
AHEAD one hour before you
go to bed on
Saturday March 8th.

March Mission Plate: ChildFund

ChildFund was founded in 1938, in Richmond, Virginia as China's Children's Fund. In 1951, it became Christian Children's fund. In 2009, it became ChildFund International. ChildFund's headquarters are in Richmond, Virginia.

ChildFund is a global community of people who care about children and take action to help them live at their fullest potential at every stage of their lives. ChildFund is a non-profit organization that helps children in need by providing support for health, education, and safety. They work with local partners in countries around the world. Their mission is to help children reach their full potential and realize their rights. They work to end poverty, violence, abuse, and exploitation. ChildFund helps children get ready for school and complete basic education. They support community-based health care, including prenatal care, maternal health, and childhood illnesses. ChildFund works to protect children from violence, abuse, exploitation, and neglect.

In 2023 ChildFund helped 14.8 million people in 23 countries to improve their access to health care, nutrition, education, livelihoods and protection, strengthening local organizations to continue supporting such services in their communities even after ChildFund is gone.

Please consider donating to ChildFund and all the children and families that are helped by this incredible organization. ChildFund is a 501C tax deductible organization.

Robin Yates, Member of the Mission committee

Daughters of the King

Greetings,

Back in September the Daughters of the King had an election, and I am now Secretary. As part of that work it occurred to me that it might be helpful to let everyone know that if you have prayer requests you can submit them to me via email. To keep those requests for prayers more manageable I decided to create a separate Gmail account for them.

To that end, if you would like to request that we include something in our daily prayer list, you can now send them to us at htecdokprayerrequests@gmail.com

This address translates to <Holy Trinity Episcopal Church Daughters of the King Prayer Requests>

If you would like to request prayers for blessings, illness, operations, healing, world, national or local concerns please don't hesitate to send an email and I will add them to the list, which I try to keep updated regularly.

In addition, if there is no longer a need for a prayer request you submit, you can let me know to remove it from the list, or you can share updates if a situation changes.

Blessings,

Rose Reith

DOK Secretary

CATHEDRAL IN THE NIGHT



Holy Trinity and Bethlehem congregations are invited to join in supporting Cathedral in the Night on March 15th & 16th. We will be gathering to cook several large pans of shepherd's pie and make sandwiches on Saturday, March 15th at Holy Trinity from 3-5pm.



**The outdoor service will take place on Sunday, March 16th at 4:30pm in front of First Church-
at 129 Main St, Northampton, MA. Please plan to arrive by 4pm to help set up. We will participate in worship, then serve the meal and join in fellowship. Please contact Heather Miranda with any questions: heatheramiranda@gmail.com.**



We are in need of donated food items. Please sign up at the link below if you are able to contribute items for the meal. Thank you so much!

<https://docs.google.com/spreadsheets/d/103YpdbftNd4B1rk3eGz0XQLxlsyR8ZME3K51rRWgqoA/edit>





EASTER MEMORIALS

This Easter, you may wish to have a loved one remembered or to express special thanks to God for His blessings in your life. To do so, please complete this form and return it with your donation to the Church office by **Sunday, April 13**. The donations collected for these memorials are used to purchase the flowers that decorate the sanctuary on Easter Day.

Exact wording of memorial will be:

Easter gifts for flowers are given to the Glory of God...

_____ in Thanksgiving for the life of _____

(Name of your loved one or ones)

OR

_____ in Loving Memory of _____

(Name of your loved one or ones)

OR

If this gift is in Thanksgiving of a person who is living, choose the following:

_____ in Thanksgiving for the Blessing of _____

(Name of person or blessing)

given by _____

[Your name(s) – please use exact wording you would like to have published. You may, for example, say something like “by his family” or “by her husband” followed by your name or you may simply use your name(s).]

Please return this information sheet, along with your donation, to the church office or drop it in the offering plate by **Sunday, April 13th**. Donations of any amount are appreciated and will offset the cost of the flowers for decorating the church on Easter Day. Please make checks payable to Holy Trinity Church with the notation “Easter Flowers” on the memo line.

Do you know someone who would appreciate Easter flowers from the church? Please write their name and address here so arrangements can be made to bring them flowers:

PLEASE SUBMIT YOUR DONATION WITH THIS FORM. THANK YOU!

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(trinity)

**The Episcopal Diocese of Western
Massachusetts**

The Rt. Reverend Douglas Fisher

Sunday Service

11:00 a.m. Holy Eucharist

**The Rev. Dan Purtell
Priest-in-Charge**



March



Website



Facebook



Tithely—Giving