

May 2023 Volume 5, Issue 5

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The Rev. Judith Lee—Priest in

Lynn Garland—Sr. Warden (508-801-4638)

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland. [Isaiah 43:19]

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A Reflection from your Priest-in-Charge

Your life is hidden with Christ in God. When Christ, who is your life, is revealed,

then you also will be revealed with him in glory. [Colossians 3:3-4]

As you begin the next part of your transition to new ministry, and I begin my own personal journey without Dale—both journeys into the unknown—I found this passage from Colossians and Richard Rohr's meditation on it very helpful. Here is an excerpt:

All the truly great persons I have ever met are characterized by what I would call "radical humility." They are deeply convinced that they are drawing from another source; they are instruments. . . . We are moons, not suns, except in our ability to pass on the light. Our life is not our own, yet, at some level, enlightened people know that their life has been given to them as a sacred trust. They live in gratitude and confidence, and they try to let the flow continue through them. . . . I can say your life is precisely about you, but now you know who you really are, and can hold this fire without burning up and burning out.

It's all about us—because it's all about Christ in us: Christ crucified, Christ resurrected, Christ hidden, Christ revealed, Christ living,

This is the message of the Resurrection: Christ is alive! We are moons to Christ's sun, voices of hope echoing Christ's gentle gift: My Peace I give to you.

Let us share with each other every day the Peace that we will never understand and never lose. When we feel overwhelmed let us remember that our lives are a sacred trust, not a trial.

I have felt that gift of Peace from you. I have seen your "moonlight" even when you juggle different demands and opportunities. You know who you are, and you have continually allowed the Light of Christ to flow through you.

Let us witness to the promise of Christ and hold the fire of our lives—without burning up and burning out.

Mother Judith

























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Family Worship

Family Worship: May 7th Teens will meet after the service

Bishop's Visitation: May14th

The following young people will be confirmed:

Leenah Ann Gossman, Samuel David Pieczynski, Phoebe Emma Reith-Lowery,

Nicholas Gordon Sargent, and Madisynn Abbygale Segarra.

The following adults will be received into the Episcopal Church:

Ryan Bousquet, Karron Lacey, and David Monroe.

Our Confirmands have chosen the Scripture for the service, and the bishop will bless the hangings in the chapel that our teens have designed to express their faith in God: Father, Son, and Holy Spirit. The bishop will also bless the Madonna sculpture that is a gift to Holy Trinity from Father. Richard and Nina, and the new altar hangings and vestments that are gifts in memory of The Rev. Deacon Mary Hicks and Roy Baum. He will also bless a hand-woven stole and frontal gifted by Lorraine Brumskine in thanksgiving to God and in appreciation for all that the people of Holy Trinity have given her, in her words: *the love, the support, the encouragement, and the list goes on....*

CONFIRMATION VIGIL Saturday May 13 5-6pm

Combined with a rehearsal, this is a beautiful, brief, and meaningful service for candidates who are going to be confirmed or received, their families, mentors, and sponsors.



Praying Hands Ministry

Our Praying Hands Ministry makes prayer shawls and lap blankets for anyone in need of prayer and comfort. There is a basket with blessed prayer shawls at the back of the church. Shawls can be taken for anyone in need of prayer, love, and comfort. A card is attached to write in the person's name. If you would like more

information or wish to request a shawl for a particular person, please email: Susan Howland, howlands@charter.net, or call/text 508-612-3198.

Lawn Mowing Rotation

Volunteers are needed for the lawn mowing rotation.

Please contact John Grant jwgrantism@charter.net text or voice (860) 576 2148 home (860) 923-9691







BIRTHDAYS

4 — Aliana Bousquet

12 — Anne Bouvier-Monroe

15—Sally Baum

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Thank you for your gift!

By supporting our US Disaster Fund, you enable us to:

- **Prepare**: Help local partners prepare for hazards that might affect their communities
- Respond: Mitigate the impact of disasters by providing emergency supplies, food, etc.
- Provide long-term assistance: Offer ongoing support to those affected so they can make full, sustained recoveries

Diocesan Ministry Development Grant

Holy Trinity has received a grant to fund the staffing needed for the Cooking for Life program that we are sponsoring in partnership with St. Luke's Guesthouse. Designed by Tamsin Lucey, this program will teach guests of St. Luke's how to prepare simple nutritious meals.

Food Pantry

What shall I give to the Food Pantry in May?

Canned Proteins: Chicken, Fish (Tuna and Salmon) & Meat (SPAM and Ham) It's simple to toss canned chicken into soups and casseroles or add it to a sandwich or cracker. Its versatility and high protein content make it a popular item at food banks.

Canned fish has vitamins, omega-3 fatty acids and protein, and it makes for a quick and easy meal. Food banks are most in need of canned tuna and salmon.

Grab some SPAM or canned ham and drop it into a food donation bin. It's shelf-stable, doesn't require much prep or equipment to eat, and delivers a quick hit of protein to keep individuals feeling full for longer.

Crackers:

Perfect as a snack or as a base for canned meats, crackers are shelf-stable and portable, making them ideal for snacks and lunches. Whole grain crackers are the best bet.

What shall I give to the Food Pantry in June & July?

These items would make great snacks in the summer months!

Nuts:

A handful of nuts provides protein and nutrients in a hurry and is perfect for snacks and lunches. Food banks have a hard time finding them due to their higher price, so donations are essential. Opt for unsalted varieties when possible.

Granola Bars:

Food banks are always in need of quick and easy items that families can toss into lunches or eat on the go, and granola bars are just the thing. Look for ones with less sugar and made with oats or other whole grains.

Applesauce:

Plastic jars of unsweetened applesauce provide a quick snack, fiber and vitamin C.
Applesauce also keeps well on food bank shelves.

Rose Reith

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Daughters of the King News: Update on Liberia Project



I am happy to report great joyous news. After over thirty-three years, Lorraine Brumskine returned to Liberia to visit her family and homeland. She departed on February $23^{\rm rd}$ and returned in April. During her stay in Liberia, she also visited the Sons and Daughters of the King of the Episcopal Church in Buchanan. In the coming weeks, Lorraine will give us an update on how our shipments of supplies are being utilized there.

Lorraine has recently informed us that the schools, run by the churches, are in critical need of supplies. The schools need children's textbooks in math, science, social studies, and language arts. There are not enough books to provide for their learning. If anyone has access to textbooks (yes, even older ones) they would be more than happy to receive them. Also, we are actively seeking donations of all kinds of children's reading books (trade books), and workbooks, and school supplies such as writing paper, notebooks, pencils, pens, crayons, scissors, glue, etc. Every donation helps keep the schools running and the children getting the precious gift of an education. We hope to send out our next shipment of supplies in late spring.

Please, give what you can.

For His Sake, Susan Grant

May & June Mission Plate



Our Little Roses Foreign Mission Society

The May and June mission plate collection will go to **Our Little Roses Foreign Mission Society** who run an orphanage in San Pedro Sula in the Episcopal Diocese of Honduras. https://www.ourlittleroses.org/ **Our Little Roses** was founded in 1988 by Diana Frade, wife of then Bishop of Honduras, Leo Frade, in an attempt to break the cycle of poverty in one of the poorest countries in Central America. The majority of people in Honduras live in abject poverty: no adequate housing, potable water, nutritional diet, access to medicine, and medical care. **Our Little Roses** is committed to transforming the lives of about 70 Honduran girls to be integral members of society by creating an atmosphere of love, self-reliance, and respect.

Our Little Roses is further committed to strengthening the ministry by providing each girl the best education possible. Our Little Roses Foreign Mission Society will be good stewards of our dollars, committing over 80% of their total expenditures to support the needs, programs, and services of the girls and ministry at Our Little Roses and the community the ministry serves in San Pedro Sula, Honduras. Because of your support, girls rescued from abject poverty, neglect and abusive conditions are kept safe and secure in a loving environment.

Susan Howland, for the Mission and Outreach Committee

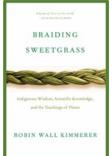




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Adult Faith Formation

HTEC Reading Group



Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants by Robin Wall Kimmerer

As a botanist and professor of plant ecology, Robin Wall Kimmerer has spent her career learning how to ask questions of nature using the tools of science. As a Potawatomi woman she learned from elders, family, and history that the Potawatomi, as well as a majority of other cultures indigenous to this land, consider plants and animals to be our oldest teachers.

In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowing together to reveal what it means to see humans as "the younger brothers (and sisters) of creation". As she explores these themes, she circles toward a central argument: The awakening of a wider ecological consciousness requires the acknowledgement and celebration of our reciprocal

relationship with the world. Once we begin to listen for the languages of other beings, we can begin to understand the innumerable life-giving gifts the world provides us and learn to offer our thanks, our care, and our own gifts in return.

Discussion: Thursday May 25th 7pm @ the church

Practicing Our Faith: Thursdays May 4th and May11th: 7pm at the church Our topics will be

May 4th—Walk in in Love, Chapter 24: Finding Spiritual Practices
May11th—Chapters 25 & 26: Knowing Our Story, Telling Our Story.

Fellowship with Bethlehem Lutheran

Friday Night Fires: S'mores & More

June 30th at 6pm July 21st at 6pm August 18th at 6pm September 8th at 6pm

Following up on our Lenten discussions, Bethlehem Lutheran invites us to join them for fellowship on these Friday nights during the summer. They have a fire pit in their side yard, playground equipment, and room for yard games. Our children can play while we chat.





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(trinity)

The Episcopal Diocese of Western Massachusetts

The Rt. Reverend Douglas Fisher

Sunday Worship 9:30 a.m. Rite II Holy Eucharist

The Rev. Dr. Judith Lee Priest-in-Charge

Sundays in May

May 7th Fifth Sunday in Easter:

Family Worship

10:30-11:30 Teens meet

May 14th Sixth Sunday in Easter:

Mother's Day Bishop's Visitation

May 21st Seventh Sunday in Easter:

Feast of the Ascension of Our

Lord [transferred] Anne will be away

May 28th Day of Pentecost

Memorial Day Weekend







Tithely—Giving