



FEBRUARY TIDINGS

Volume 3, Issue 2



February 2021

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February Birthdays

- 2—Tamsin Lucey
- 5—Nancy Waugh
- 6—Briella Bousquet
- 15—Jones Lowery
- 18—Judith Reich
- 23—Emily Waugh



Dear Friends,

The season of Lent, again, each year, again: the exercise of taking away the distractions (such as some light TV; away with opulent foods prepared in the "fats" that seasons food to perfection; away with substances that cloud the mind,..... away with disinterested preoccupation with self: and in its place the deep appreciation of the plain bread, the grain crushed and ground and fomenting a plain dough, toasted to reveal the trace aroma as if of nuts, with a drizzle of honey, all settling on the taste buds with a depth of strength to energizing the faithful,

acknowledging the web that holds us in life.

And, if you will, suspending the veil between earth and heaven as we recognize the sustaining providence of the Creator. Lent is for fashioning ties to the Almighty that cause us to remember that God is Good, Holy, Loving; so that even in hunger, even in fear, even when life is hushed by death, we are left with the appreciation that even in this moment, then this moment, too, is inhabited by God, and we are held in the life of the Divine.

Lent reminds us if we hold the things of earth well, they begin to relate to us the blessings of

heaven. The use of scripture, prayer, and silent meditation, relaxed, controlled breathing, sets us in the constant flow of God. ["Be still and know that I am {God}." Psalm 46:10] Such are the gifts of Lent, that make the foundation for resurrection faith. God Bless you richly as you follow where God's impulses lead.

I remain,
Your friend and Rector,
(The Reverend)
Richard S. Signore



Liberia Donations Needed!

Please continue to bring in your donations for the Liberia Mission. Donations may be dropped

off on Tuesdays and Thursdays by appointment. For a list of donations needed, [click here](#).

Any monetary donations will be used toward shipping costs to Liberia.

Mission & Outreach

The Mission Plate funds for the month of February will continue to go to Worcester Community Action Council's Fuel Assistance Program. During this time of higher unemployment and with

the high cost of heating fuel, many people in our local area are struggling to afford to keep themselves warm this winter. Please, give as generously as you can to this program. No one should be left in the

cold during this time of crisis. Thank you.

Sincerely, The Mission and Outreach Committee

Childreach: Sign up to sponsor Nicholas Onyango Okondo

Please make a \$35.00 donation to sponsor Nicholas in 2021. A reminder card will be sent to you. In order to sign up for a month, please complete the

Doodle Poll by clicking [HERE](#) or call/email the office at 508-765-9559 on Tuesday or Thursday and Chris will help you sign up. Thank you!



Ash Wednesday

February 17

12:00 Noon & 7:00 p.m.

Zoom Holy Eucharist & Imposition of Ashes

[CLICK HERE TO JOIN ZOOM](#)

Meeting ID: 508 765 9559



Ashes-to-go can be received at Holy Trinity Church between 11:00 and 11:30 a.m. on Saturday, February 6 and on February 17 from 3:30 to 4:30 p.m.

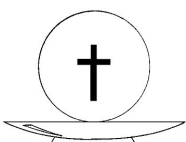
Musical Notes from Anne

Music is still a strong part of our service each Sunday. The talents of this congregation are tremendous. Thank you to everyone who helped with the music during Advent, Christmas, and Epiphany. I especially want to thank Lynn for her being at church every Sunday to lead in the hymn singing. I appreciate her willingness to assist me with this. I do not have the same ability to play the organ with hands and feet and sing the hymns. I hope you are able to sing with Lynn and the organ/piano at home; and, if you don't sing, look at the words for spiritual connection.

As we begin our Lenten season this month of February, I am going to select music that is soothing, meditative, and prayerful to help us in our spiritual journey through Lent.

God Bless

P.S. For the anonymous giver at Christmas, thank you.



Our next Consecrated Communion pickup will be on Saturday, February 6 from 11:00 to 11:30 a.m. Please check your email for an invitation. RSVP is necessary to make sure we have the hosts ready for you/your family. Thank you!

Adult Social Studies Class

The Social Studies group has begun our study of the "White Privilege: Let's Talk" curriculum provided by the United Church of Christ. This course helps those of us who are white understand institutionalized white privilege and how we benefit from it. It is so deeply embedded into our culture and daily lives that it is invisible to those of us who benefit, while being very obvious to those who are excluded from it.

Some of the questions that help us understand this concept are:

- In stores that sell children's toys, what races are shown in the dolls and figurines you find?
- In local pharmacies, can you find a band-aid that would blend in with brown or black skin?
- Did this country ever pass laws to prevent your full participation based on the color of your skin? Has this country ever debated the monetary value of all the people who look like you?

For our next meeting we will read Part 2: Whiteness as the Norm, Chapters 1-5.

If you would like to check it out, this link will take you to the website <http://privilege.uccpages.org>

Our next meeting will be February 24 at 7:00 via Zoom. We would love to have you join us!

Questions?

Lynn Garland, 508-801-4638 lynn24gar@gmail.com

Fr. Richard, 617-281-5183 richard.signore@verizon.net

Lana Pieczynski, 704-458-6204 ana.pieczynski@gmail.com

Souperbowl of Caring Virtual Soup Sale

In light of the pandemic, we will be holding a **VIRTUAL** Souperbowl of Caring Soup Sale! All proceeds go to Foodshare located at Catholic Charities. **Souperbowl Sunday is February 7!**

Please donate what you would normally have spent on soup in past years. You may donate by check (made payable to Holy Trinity Church with Souperbowl Sunday in the memo) or through Tithely. (There is a drop-down selection for Souperbowl Sunday.) **Please send your donation by Sunday, February 14.**

- I would have purchased _____ quarts of soup at \$5.00/qt.
- I would have purchased _____ pints of soup at \$3.00/pt

In addition, please send your Souperbowl Soup recipes to Susan Howland for our cookbook!

(Mail to: Susan Howland, 132 Osgood Rd, Charlton MA 01507 or email to holytrinityecw@gmail.com)

Questions about Souperbowl Sunday? Please contact Chris in the office on Tuesday and Thursday 508-765-9559 or email her at holytrinitysouthbridge@gmail.com.



Episcopal Church Women Report 2020

We started 2020 by reading “**Things Seen and Unseen,**” by **Nora Gallagher**. We read the first two chapters, Advent and Christmas, and met at Diane Nichol’s house in January. We met again at Susan Howland’s house on March 8th to talk about the Epiphany and Lent chapters. Both times we had a lively discussion.

Several women “mentored” children who helped at the Mardi Gras Pancake Supper.... many thanks!

For Lent we offered the opportunity to read The **Poetry of Lent: A Lenten Companion to Mary Oliver's "Devotions"**. *The ECW* bought a group license for the companion and all information was posted to our Facebook Group.

With Diane’s Cancer diagnosis combined with COVID19 we did not hold any more in person meetings, but there was a fair amount of connection on our Facebook Group, and we were not neglectful of pastoral care. Many women wrote cards, made phone calls, and checked up on parish members and continue to do so.

Diane, Traci, and Hope all had major surgery in August. Along with prayer vigils for all three, \$363 was contributed for flowers and food. Traci, Hope, and Diane had flowers delivered either in the hospital or at home, and Traci and Diane received meals delivered to their houses from the ECW and from others. The total spent was \$282, so we have \$81 in reserve for future pastoral care needs.

In August we started collecting recipes for a new Holy Trinity Cookbook. It will be available in 2021.

We were sad to say good-bye to Diane on October 16th. Her memorial service was held by Zoom from Holy Trinity on October 24th.

Our 30th Annual Christmas Cookie Sale was held “Virtually” on Zoom Sunday, December 21st. We had a good turnout of people. The Burnes’ were eating French butter cookies, Peg brought sour cream chocolate chip and fruitcake cookies, Cat and Phoebe brought a “special” small bag of cookies... Jones’ favorite are chocolate chip. Eileen and David had decorated sugar cookies, Mick and Barbara brought Russian tea cake, cut cookies and chocolate blossoms; Lynn had Pizzelles and Nancy brought sugar cookies. Robin, Susan, and Tamsin attended. The Virtual Christmas Cookie sale raised \$340: \$170 will go to Foodshare and \$170 will go to the Liberian ministry at HTC.

NEW Holy Trinity ECW Cookbook...the Journey Continues

We were hoping to have the new cookbook available for our Annual Meeting, but the recipes are still coming in. **Here is the new plan:** the cookbook will be called the “**Holy Trinity Pandemic Cookbook**”. Current and ongoing submissions will be available in a Google document accessible from our website. (More information to come.) We will continue to add recipes until we can meet again in person at which time we will make the cookbook available in a “book form”. The cookbook will be available as a digital download; paper copies will be available for a small fee upon request. This is NOT a fundraiser.

There are many ways to submit recipes: email in any form (typed, photo, PDF) to: holytrinityecw@gmail.com You can also submit your recipe(s) by filling out this Google Form: <https://forms.gle/uhTZRhJANcbFbb5G7> or postal mail to: Susan Howland, 132 Osgood Rd, Charlton MA 01507.

Thank you and keep those recipes coming!

Susan Howland

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Office Hours:

Tuesday 9:00 a.m. - 12:00 p.m.

Thursday 9:00 a.m. - 12:00 p.m.

unless otherwise noted

**The Episcopal Diocese of Western
Massachusetts**

The Rt. Reverend Douglas Fisher

Sunday Services

9:30 a.m. Rite II Choral Holy Eucharist

**Celebrant and Preacher
The Rev. Richard Signore**

Save These Dates

Tuesdays—8:00 p.m.—Service of Compline

Thursdays—8:00 p.m.—Zoom Fellowship Hour

Saturday, February 6—11:00 a.m.—Communion &
Ashes-to-Go Pickup

**Sunday, February 7—VIRTUAL Souperbowl Sunday
Fundraiser**

Wednesday, February 17—

12:00 Noon—Ash Wednesday Zoom Service

3:30—4:30 p.m.—Ashes-to-go Pickup

7:00 p.m.—Ash Wednesday Zoom Service

Wednesday, February 24—7:00 p.m.—Adult Social
Studies Group via Zoom



Website



Facebook



Tithely—Giving