

# AUGUST TIDINGS

Volume 1, Issue 8

August 2019

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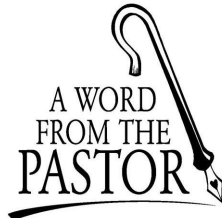
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# August

## Don't Forget!

- \* Food pantry items: Soups and stews, crackers, mayonnaise, ketchup, mustard, relish, toilet tissue, soap, dish soap
- \* Bring in your soda cans and bottles and donate them to the Mission box in the Parish Hall!
- \* If you have a change in address, email, or phone number, please fill out a Welcome Card (in the pew) and put it in the offering box for the secretary. Thanks!



Dear friends,

Clearly the heat and humidity is upon us. So when you are lying fallow, try to bring prayer into the day.

Most people find a way to pray at a regular time each day, offering one's life and one's concerns and the needs of the world to God, seeking God's mercy and guidance in our response to need. Prayer restores our faith and hope, as we learn to rest in God.

For centuries, the monks have kept "the hours" to spread the glory of the Eucharist, received daily, through the full range of

the day. This process is known as the sanctification of time, when our souls simply love and adore the God of blessing. Such times are our "personal healthiest," even as spiritual connection embraces more broadly. Please note the article in this newsletter which offers a new resource, "Daily Prayer for all Seasons." It offers brief and accessible prayer forms to add to your daily routine of prayer. As many or as few hours as you are inclined to do, or organized around themes that speak to your heart's need, not bound by the suggested hour. The point is to do what is not burdensome, but restful; not a multiplicity of themes beyond your personal

focus, but a centering on what you want to pray over and become open before God.

The text is available as a download through the HTEC home page. (Christian Education drop down menu, click on "A Prayer for all Seasons.") Offered by the National Church at no cost, you are free to put it on your Kindle, iBook, etc., or print it. We can help with printing in the office and facilitate a bound hard copy for those who wish one.

When it is hot, it is a great time for a centering adventure. Good luck in your quest!!

I remain,

Your friend in Christ,  
(The Reverend) Richard S. Signore

## Blessing of the Backpacks

On Sunday, August 28, during the 9:30 a.m. service, ANYONE who is going to school may bring in their backpack (that

means preschool to graduate students) to be blessed. We want all students to know that God is with them during

their days at school.



## Creation Care Corner

*We are called to do what is right, even if it requires more effort.*

All we have to do is think about what we do and how our actions will affect the environment. It's a different way of thinking that will have to come into place quite quickly, or the effects of our disregard for the environment will be catastrophic.

Whether we like it or not – the sea level is rising, a result of global warming melting ice caps caused by carbon emissions produced by cars, electricity production, industry and domestic use of carbon based fuels. By 2045, with a sea temperature rise of just 1.5°C, the sea level is projected to rise by 1.9 ft - that doesn't seem very much but chronic flooding will be widespread. It is important to note that the flooding referred to here will

not be caused by storms. It is simply the result of high tides rising higher and reaching farther inland, as sea levels rise. Chronic flooding is defined to be flooding that occurs 26 times or more per year. Twenty six times a year is every other week, effectively making properties inhabitable. In Massachusetts there are six communities projected to have 600 or more at-risk homes: Revere, Marshfield, Quincy, Hull, and Salisbury. That's 600 families at risk in Massachusetts! Nationwide, that number is at least 145,000 homes at risk. Around the world, millions of homes will be affected. Great Britain has committed to become carbon neutral by 2050. That is to say there will be no net carbon emissions in

Great Britain by 2050. Other countries around the world are following suit and even cities in the USA—Boulder Colorado for instance. How will that come about? One way is car emissions. Car emission tax started in the UK this year. The more your car emits, the more you pay! There is already legislation in place to ensure that by 2032 there will be no emissions from cars in the UK. The car industry is rapidly changing in the UK and Europe. What can WE do NOW? Make sure that you source electricity from renewable sources – i.e. no carbon emissions (even if it's more expensive!) and make sure your next car has low to no emissions!



## The Mission Plate

We will continue to offer our donations to International Rescue Committee this month to help children and families fleeing violence, poverty, starvation, and death along our southern border and other regions around the world. Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these." How can we not help children and families! If we could walk

with them on their long and dangerous journey, we would surely do whatever we could to help.

Thank you for opening your hearts helping those less fortunate than we are. The children and God will bless us in ways we cannot even imagine!

Suzy Sharp, 774-230-3426

## August Birthdays

3—Phoebe Reith-Lowery  
 11—Emilynn Bousquet  
 11—Linda Spooner  
 14—Jared Burns  
 17—Suzanne Sharp  
 17—David Monroe  
 20—Colleen DeMings  
 25—Braden Bullard  
 28—Fr. Richard Signore



## Daily Prayer For All Seasons

We wish to offer you a unique opportunity to rest in the presence of God and deepen one's peace. A very brief book of daily prayers is now available. One can use it to renew a practice of prayer, augment an existing routine, or use one or two prayer themes a day, in whatever fashion is helpful in addressing the directions the Spirit is leading you.

The book of prayers is available as a free download through the Holy Trinity Episcopal Church homepage by clicking on the Christian Education dropdown menu. It is also available in paper-bound version from Church Publishing House for \$20, or leather bound for \$40. If you wish to have a printed copy from the church, placed in a 3 ring binder, please sign-up on the sheet at the back of the sanctuary.

Returning to God the gift of time; sanctifying the days through brief interludes of prayer and presence.

The church divides its calendar into periods called "seasons," which track the events of Jesus'

birth, death and resurrection and the coming of the Holy Spirit to the Church. The seasons are Advent, Christmas, Epiphany, Lent, Holy Week (the final week of Lent), and Easter, followed by what the church calls Ordinary Time; because Ordinary Time is the longest season in the church year, we crafted two sets of services for the summertime: Creation (spiritual growth) and Rest.

The eight sets of seasonal prayers provide the outer structure of *Daily Prayer for All Seasons*. For the inner structure, each set of seasonal prayers falls into eight "hours," which follows the pattern of Benedictine monks, who divided the day into a cycle of eight intervals, called "hours," that effected a rhythm between work (*labora*) and prayer (*ora*). As a contemporary complement, the committee crafting *Daily Prayer for All Seasons* assigned a specific labor to each prayer "hour": We named dawn as the time for praise; we designated starting the day as the time for

discernment; later morning, wisdom; midday, perseverance and renewal; afternoon, love; evening, forgiveness; bedtime, trust; and midnight we named as the time to watch. Each hour has a name, which also dates back to Christian monastic history and which we printed in italics after the hour's "work" name, for example, Praise (*Lauds*).

Don't be inhibited by the hours as we've labeled them. Maybe your day "starts" at the crack of noon or your bedtime comes after the night shift; maybe the end of your workday marks only the beginning of meetings for another part of your life. It's alright to adjust the prayers to the day as you live it, no matter how topsy-turvy it seems.

Adaptations for the prayers, lessons, meditations, and hymns may be made to suit the occasion. The questions that are provided for the meditations are only suggestions. They may be freely adapted, other questions may be used, or a period of silence may be kept.

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## Thank You from Anne, Your Organist

I want to thank the church musicians for helping while I have been on vacation, at a wedding, and a family reunion in York, ME. It has been a very busy 6 weeks and I am looking forward to everything slowing down for a few weeks. I hope to: "Be Still and Know, That I am God." Please continue to share your favorite hymns with us. I hope to have a good list to go until the first Sunday in October.

*God's Peace and Blessings, Anne Bouvier-Monroe Organist*

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(trinity)

**Office Hours:**

Tuesday 9:00 a.m. - 12:00 p.m.

Thursday 9:00 a.m. - 12:00 p.m.

\*unless otherwise noted\*

**The Episcopal Diocese of Western  
Massachusetts**

The Rt. Reverend Douglas Fisher

**Sunday Services**

**9:30 a.m. Rite II Choral Holy Eucharist**

**Celebrant and Preacher  
The Rev. Richard Signore**

**Save These Dates**

**Wednesday, August 14—7:00 p.m.—Vestry**

**Sunday, August 18—9:30 a.m.—Healing Service**

**Sunday, August 25—9:30 a.m.—Blessing of the Backpacks**



Website



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Tithely—Giving