



# Tidings of Holy Trinity Church

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*Holy Trinity is called to recognize, communicate and celebrate God's presence within, among and around us.*

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**Organist/Choirmaster:** In Transition

### Sexton:

Hector Chapa

### Senior Warden:

Tamsin Lucey  
Cell: (774) 200-4279

### Junior Warden:

Nancy Waugh  
Home: (413)245-3307

## A MESSAGE FROM FR. RICHARD SIGNORE

Dear friends,

I know this time of year puts us in mind of the harvest: Thanksgiving holiday celebrates the life sustaining harvest, crops are coming in, your back-yard corn stalks or wild berries are asking to be plucked. And the foliage signals once more the closing of nature's cycle.

The "Church year," the way we mark sacred-time; is also presenting us opportunity to contemplate the purpose of Church and the Gospel enterprise itself. We are tilling the fields of the Lord until His harvest of the faithful. Our Sunday themes focus on the "last things;" like the company of All Saints in heavenly militancy; the celebration of Christ the King – the eternal reign in Glory, seated at table with us all.

In this vein, we can each imagine ourselves as an ear of corn, striving to be ready for picking. I see myself as sometimes still wrapped in husk – still learning to give love, support, and nurture. Sometimes I see myself with the husks peeled back and corn kernels launching off the cob, sharing ideas, living into the demands of community, being fully present. Giving time to learn and be respectful of the divine mystery others are; giving my best for God's work. All these are ways we too become God's harvest and share in the endless round of nature's re-birth, only it's our soul's that find the lightness of joy.

God bless you in your quest to flourish in faith, my fellow ears-of-corn!!!!

I remain,  
Faithfully yours in Christ,  
(The Reverend) Richard S. Signore

## SENIOR WARDEN SPEAKING

As many of you have recently seen, there has been a bright yellow bucket truck stationed at the entrance to the church. Norm has been working, very diligently, on restoring the Portico. I say restoring quite deliberately, not repairing but restoring. The water damage and rot to the wood frame and deck of the Portico was too bad to be repaired – rebuilding/restoration has been required. This has increased the cost quite considerably to \$13,425 almost doubling the original cost. Thanks to your generous donations over \$8,595 has been given or pledged, this goes a long way to offset those costs. The vestry is committed to getting this work done **and** the repairs to the columns at the foyer entrance, at an additional cost of \$5,450, **so** both projects will be completed by Thanksgiving.

We have much to be thankful for. This year your faithful stewardship has allowed us, the vestry, on your behalf to move forward with taking care of delayed building maintenance both inside the church building and outside. Thank-you for entrusting us with your pledged dollars – this year, not having to pay a Rector and Organist, we have been able to redirect funds to building repairs/restoration and plant improvements – we have shown ourselves that we can indeed support our budgeted expenses. We (the vestry on behalf of the parish) are thankful and truly blessed.

Onto other vestry news;

The Sunday service will remain at 9:30 a.m. for the foreseeable future.

We are excited to announce that The Family Worship Team is expanding its ministry and inviting parishioners to become Worship Leaders (all materials and plans provided). Three vestry members have already expressed an interest, won't you join them and get involved with this important youth Christian formation (education) ministry and support members with children.

Fr. Richard recently facilitated an energizing Brain Storming Goals meeting, the outcome of which will be shared at the brunch and parish meeting on Nov. 3<sup>rd</sup> - All Saints and Commitment Sunday. Please join us as we celebrate our gifts & resources, participate in evaluating the goals, objectives, hopes and dreams. A brief power point will present a preview of the 2014 budget.

Fr. Richard will be at HTC/in the Parish on Tuesdays in November, joining the 8:30 -10:00 a.m. Coffee and Conversation with the "Good Book" as he is able, to which everyone is welcome.

Other work the vestry has taken on includes a Social Media policy and Cori Policy.

As we give thanks for our many blessings I ask for your continued prayers for Holy Trinity that we might continue the good work begun here over 100 years ago. I also ask that you pray for the leaders, all those involved with ministry that allow us (you and I) to be the worshipping community that we are. Please also pray for those, as yet unknown, who will answer the call to join the vestry in 2014.

With continued faithful hearts and strong stewardship we go forth knowing that, through the Holy Spirit, God is guiding us to his preferred and promised future for us to be the hands and feet of Jesus on Hamilton St. Southbridge.

If you have comments, concerns or questions please know that I am always available via email [abritinusa@gmail.com](mailto:abritinusa@gmail.com) or cell phone 774 200 4279.

*With gratitude and blessings, Tamsin Lucey*

*Be the change you wish to see in the world. Mahatma Gandhi*

## PLAYGROUND TOYS



West Street School is just up the road from Holy Trinity. In the last 2 months we have been able to supply them with some pencil boxes, a back pack complete with a full set of school supplies, hats, mittens and scarves. We would like to continue our local outreach to this community and contribute playground toys that can be used by the children at recess. Please bring your donations of balls, hula hoops, jump ropes, etc. to church and put them in the large tote at the back of the church.



## All Saint's Sunday Brunch



*Please join us to continue the celebration of All Saint's Sunday, Commitment Sunday and Baptism following the 9:30 service with a brunch. There will be a Parish meeting to reflect on all we have to be thankful for at Holy Trinity and to review 1 year, 3 year, and 5 year goals with a preview of the 2014 budget.*

**NOVEMBER 3<sup>RD</sup> @ 11:00 A.M.**

*Please contact Nancy Waugh with any questions. 413-245-3307*

**"We are God's stewards. What we do grows out of our relationship with God."**

**LIKE US ON FACEBOOK! HOLY TRINITY CHURCH SOUTHBRIDGE**

### NOVEMBER BIRTHDAYS

2—Mary Demers  
3—Victor Hill  
4—Katelyn Anderstrom  
6—Barbara Kalber  
8—Paige Spooner  
8—Carolyn Anderstrom  
17—Hope Wilson  
23—Lana Pieczynski  
23—Josh Spooner  
25—Eileen DeMings

If we are missing anyone or have the wrong date for this month's list, please contact the office.

**IN NOVEMBER THERE WILL BE  
ONE WORSHIP SERVICE AT  
9:30 a.m.**

**THANK YOU TO ALL WHO PLEDGED  
TO HELP RESTORE THE PORTICO.**

**VESTRY MEETING MINUTES AND FINANCIAL DOCUMENTS ARE AVAILABLE BY REQUEST. IF YOU WOULD LIKE A COPY, PLEASE CONTACT CHRIS BOLTE, PARISH ADMINISTRATOR, DURING OFFICE HOURS OR BY EMAIL.  
HOLYTRINITYSOUTHBRIDGE@GMAIL.COM  
OR 508-765-9559  
TUESDAY OR THURSDAY.**

## THURSDAY AFTERNOON CHIKUNG/TAI CHI CLASS

3:45-4:45 pm

\$66 / 6 week class

*Starts November 21 – Jan 2 (no class Thanksgiving and Christmas week)*

This class is sponsored by Quality Physical Therapy. Please call their office at [508 347-8141](tel:5083478141) or visit their office at 179 Main Street (former location of Rom's Restaurant), Sturbridge to register by cash, check or charge card.

ChiKung is translated to mean working with life energy to improve health and harmony. Tai chi is a sequence of slow, intentional movements or gestures that flow from one to another. The focus is both moving with ease, while working to deepen the breath to quiet the mind and achieve a sense of relaxation. Posture improves, as does strength and coordination. It has been shown that regular participation in this style of exercise leads to better balance and reduced risk of falling. Dress in loose, comfortable clothing and bring water.

Anyone interested should call the instructor, Charlene Pilon, at [508 864-7588](tel:5088647588) before enrolling.

Inclement weather policy: If Southbridge schools are cancelled the classes will be cancelled.

## WEDNESDAY NIGHT YOGA WITH LINDA

Fall Session: October 23 – December 18, no class Nov. 27<sup>th</sup>

▪ \$80, 8 weeks or \$12 drop-in fee

▪ Linda Davis, CYT, 508-615-3568 [karayogi@yahoo.com](mailto:karayogi@yahoo.com) Linda has been teaching yoga Southern Worcester County since 1999. Check out her website:

[www.yogatimecharlton.com](http://www.yogatimecharlton.com)

▪ This class is geared for adults, however teens and tweens may join if parent also attends.  
▪ Drop-ins are always welcome! Please call or e-mail Linda if you have questions or concerns.



▪ Yoga is a holistic practice – breath, body, and mind are all engaged – and an individual practice. Come to class to get in touch with your being and nurture your whole self. The body is strengthened and stretched with the physical postures, energized by deep conscious breathing. Focusing the mind induces calm, reducing stress and fostering clearer thinking. Students are encouraged to move to their maximum tolerance, respecting their own bodies' limits. Props are provided. Please bring a yoga mat, pillow or blanket for greater comfort in seated or reclining positions if you like. [www.yogatimecharlton.com](http://www.yogatimecharlton.com)

## LOAVES AND FISHES MINISTRY

Starting this month the food ministry that supports the Blessed John Paul II food pantry will take on a new look. On the first Sunday of November, brown paper bags with suggestions for donations will be placed at the back of the church. Separate lists will also be available. Please take a bag and give as you are able. Please return the bag, your donation, before the last Sunday in November when bags will be blessed. "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me"

*With Love, Peace and Joy, Service & Ministry, Tamsin Lucey*

### Family Worship News

**Calling all Parishioners!!!! Family Worship has been running very well for the past year and we are now ready to have parishioners join this ministry and participate by leading this special service.**

**Anyone that would like to lead is invited to Family Worship on Sunday October 27 at 9:30 to observe, participate and get to know the kids and families. With 6 or so parishioners joining this ministry, each parishioner will lead Family Worship one Sunday every 3 or 4 months. The lesson, along with the materials for the activity is provided for leaders.**

#### **Financial Report: 3rd Quarter 2013**

##### **Rectory:**

Rectory sale net of \$93,497.54 was put in a designated Fund and transferred to an Endowment on 10/8/13.

The expense of \$4,496.07 to sell the Rectory was recovered from the sale proceeds, and put in the building reserve.

##### **Church**

We are \$1,900 over budget for oil, but there is enough oil in the tank to last the 2013-14 heating season if the Burner Boosters work as expected. We will put \$1,200 monthly in the Fuel Fund from budgeted income throughout the year.

We have \$3,900 left in the Church R/M budget, but we spent \$8,500 to date for capital repairs/tangible property that was unbudgeted and came out of the building reserve created from excess funds.

Gas is over budget \$200 so far this year.

Organist line is \$4,540 under budget

Clergy line is \$19,590 under budget.

Pledge Income was down \$3,937.

##### **Other Notes:**

The Vestry has continued to set aside excess funds, at least temporarily, into a building reserve fund; these funds can be reallocated to other mission initiatives if they arise.

There is \$5,640 in the Portico Fund (To date: pledged \$8,595; paid \$6,205) Due to extensive deterioration of the Portico, the project will now cost, \$18,875 (\$5,450 Column repair; \$13,425 Portico Restoration.)

\$78 was sent this quarter to Food Share, our 2nd Sunday loose plate offering.

\$90 sent this quarter for our sponsor child.

\$582.20 sent this quarter for Mission and Outreach: Camp Fosket Scholarship and Health Teams International.

Susan Howland, Treasurer October 15, 2013



## Thanksgiving Pies



We will be offering homemade pies for sale in time for the Thanksgiving Holiday. The selection will be the same as last year – Traditional Apple and Dutch Apple Pies, Apple Crisp, Pumpkin and Pecan Pies. Please look for the order forms in the Sunday service bulletins and place your orders early. Don't forget to invite neighbors, friends, family, and co-workers to place an order as well! We will be cooking in the kitchen at church on Sunday, November 10. Anyone interested in helping to make pies should contact Tamsin. Ingredient donations before or on November 10 are welcome.

Tamsin Lucey - (774)200-4279 or [abritabroad@charter.net](mailto:abritabroad@charter.net)

### ANNUAL STEWARDSHIP PROGRAM

Wouldn't we all love to flourish in faith and be certain of God's presence at all times and in all circumstances? Flourish in Faith is the theme for our annual financial stewardship program and will include a variety of opportunities for exploring scriptures and deepening our faith.

Over the next several weeks we will explore God's vision for Holy Trinity and invite members to prayerfully determine God's will for the gifts and resources with which they have been blessed. These are the seeds we will plant for our journey:

- Beginning on October 6 through November 10, bulletin inserts written by Episcopal stewardship leaders across the country will provide reflections on stewardship and faithful giving.
- On November 3rd we will celebrate All Saints Sunday and Commitment Sunday, when pledges will be completed and offered as an act of worship. We will celebrate a baptism and renew our own baptismal vows.
- Join us after service on November 3rd for brunch and a Parish meeting to celebrate our gifts and resources. There will be some reflection to set our one year, two year and five year goals.

The richness of the journey is dependent upon each of us and our openness to God's leading. As we seek to lay a fertile foundation in which seeds may be planted to blossom in our community, let us join together to do God's work through Holy Trinity.

*The Stewardship Prayer Team*

*Jean Frost Pam Graham Suzy Sharp Hope Wilson Nancy Waugh*

### GIVE THE GIFT OF YOGA!



The holidays are fast approaching... Give the gift of Yoga! Purchase a 6-class passcard to All Can Do Yoga for a 10% discount in November and December to give as a gift for someone special in your life ... or yourself! Passcards are normally \$50; purchase in November and December for \$45. Classes are held Wednesday mornings, 9 - 10:15am, and Thursday evenings, 5:30 - 6:45pm. These classes are Kripalu Yoga classes, meaning that the focus is on developing the mind-body-spirit connection through compassionate, non-judgmental self-awareness. Questions? Contact the instructor, Sharon Palmer at [palmer00013@gmail.com](mailto:palmer00013@gmail.com).

### THE MISSION PLATE

As I write this message, the leaves are falling fast, and I am reminded that our Indian summers may be past. Fall is in full force. November and December are very busy months- Thanksgiving, Advent and Christmas. It is a wonderful time to reflect on the year that is coming to an end and take stock of our many blessings bestowed upon us--our God who is with us always, our families and loved ones, our Church family at Holy Trinity, shelter, food, warmth, and our freedoms that we have in our country. We are very blessed indeed.

You have been a blessing to others too through your generous donations to the Mission Plate. Funds have been sent to Episcopal Relief and Development for victims of the Oklahoma tornadoes, Camp Foscett, Health Teams International for their trip to Cambodia, and Church World Service for blankets to keep children and adults warm and protected from the elements. Refugees around the world in Sudan, Somalia, Syria, and the still recovering victims of earthquakes, floods, fires, cyclones and hurricanes are wrapped in our compassion.

This November and December we will collect donations for Heifer International. There are so many options to consider. Perhaps a flock of chickens or ducks, honeybees, trees, a goat or a pig! Please look at the catalogues on the mission plate tables, and let us know which gifts you wish to contribute towards. Then when we send in our donation we will indicate which gifts we are supporting.

Let us always remember our brothers and sisters around the world who have needs that we can alleviate. Be the blessing and be blessed in return.

*Suzy Sharp, Coordinator of Mission and Outreach*

*508 347-9619, [sharpgiberson@earthlink.net](mailto:sharpgiberson@earthlink.net)*

### FRIDAY MORNING CHIKUNG/TAICHI CLASS

- 7:30-8:30 am ongoing throughout the year except on last Fri of each month, holiday weekends and summers
- Optional meditation from 8:30- 9:00 am
- Fee: \$5/class or \$35/8 months (payment made at the class)

ChiKung is translated to mean working with life energy to improve health and harmony. Tai chi is a sequence of slow, intentional movements or gestures that flow from one to another. The focus is both moving with ease, while working to deepen the breath to quiet the mind and achieve a sense of relaxation. Posture improves, as does strength and coordination. It has been shown that regular participation in this style of exercise leads to better balance and reduced risk of falling.

This class has been operating for the past 10 years and welcomes new students. No previous experience with ChiKung or Tai chi is necessary. If you have any health concerns, you should check with your physician before participating. Dress in loose, comfortable clothing and bring water.

Anyone interested should call the instructor, Charlene Pilon, at [508 864-7588](tel:5088647588) before attending.

Inclement weather policy: If Southbridge schools are cancelled the classes will be cancelled.

Holy Trinity Church, Episcopal  
446 Hamilton Street  
Southbridge, MA 01550

## Holy Trinity Church

446 Hamilton Street  
Southbridge, MA 01550

**Office Phone:** (508) 765-9559

**E-mail:** holytrinitysouthbridge@gmail.com

**Web site:** holytrinitysouthbridge.org

### Office Hours:

Tuesday 9:00 a.m. - 1:30 p.m.

Thursday 9:00 a.m. - 1:30 p.m.

\*unless otherwise noted\*

Rev. Richard Signore, Supply Priest

**The Episcopal Diocese of Western  
Massachusetts**

The Rt. Reverend Douglas Fisher

## Sunday Services

9:30 a.m. Rite II Choral Holy Eucharist

### Save These Dates

Tuesdays in November—8:30 a.m.—Tuesday Morning Coffee &  
Conversation

Wednesdays in November—9:00 a.m.—Yoga  
6:30 p.m.—Yoga ( except 11/27)

Thursdays in November—3:45 p.m.—ChiKung/TaiChi (except 11/28)

Fridays in November—7:30 a.m.—TaiChi Class (except 11/22 & 11/29)

Sunday, November 3—11:00 a.m.—All Saint's Sunday Brunch

Sunday, November 10—9:30 a.m.—Family Worship

Monday, November 11—6:45 p.m.—Vestry Meeting

Monday, November 18—7:00 p.m.—Stewardship Prayer Group

Sunday, November 24—9:30 a.m.—Family Worship

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### Office Hour Changes for November:

Week of 11/10—Office open Monday & Thursday—9:00am –1:30pm

Week of 11/17—Office open Tuesday & Wednesday—9:00am-1:30pm

Week of 11/24—Office open Tuesday & Wednesday—9:00am-1:30pm