

A MESSAGE FROM FR. RICHARD

Dear Friends!

Recreation is in order now that summer is here. The garden beckons and the plantings are well in, and yet God has magic yet to work before the harvest. Like a Kingdom beyond our sight, God is making life large, like the melons, beans, tomatoes and leafy greens that are now only pushing up through the soil. The buzz of bees flitting about on their task of pollinating and making honey in vast quantity our telling "how it all is" goes beyond our knowledge. But we know to expect all these blessings.

Recreation also includes these times when we lie fallow and avoid the heavy work in the summer's heat. Resting is part of our wellbeing. Vacation is a time of personal renewal (I will take the two Sundays at the end of July), and recommend finding the moment when each can put down the normal tasks in favor of a lite meal and a cool beverage.

Summer is here with its high temperatures and humidity. No better time to practice inner stillness, quiet, and presence. This is the better part of rest, the true meaning of Sabbath. So make Sunday morning liturgy a part of your recreation. Let it be the anchor to balance both the questions, and the search, and one's presence to God. As the saying goes, "For it is in returning and rest we shall be saved."

I remain, faithfully yours in Christ,
(The Reverend) Richard S. Signore